It's getting to be that time of year, when the outside temperatures start to play havoc with a girl's choice of what to wear – and that applies to the face and body as much as the wardrobe. Fortunately the world's cosmetic companies are beavering eagerly on our behalf. Here's Abu Dhabi Week's pick of their best efforts.



Inside and out

Clinique's new Superdefense SPF25 Age Defence Moisturizer has SPF25 to defend against the damaging and aging effects of the sun and address damaging visible effects to skin from both external sources (like sun and pollution) and internal aggressors like everyday psychological and emotional stress (thanks to Red Microalgae Extract, a patented stress neutraliser). Paris Gallery, Abu Dhabi Mall (02 645 2000) and branches | AED230



Shimmer in the heat

A neat palette of five lovely iridescent tones of shimmering bronze and pink shades – use separately on the eyes or to highlight specific areas, or blend together for a natural-looking glow on the face and cheeks. Shimmer Waves includes marula oil, an effective moisturiser (and it comes from a cooperative in Namibia). Body Shop, Abu Dhabi Mall (02 645 7300) and branches | AED99



Lip love

MAC's Tinted Lip Conditioner is a protective emollient balm formulated to condition lips and lock in moisture with a sheer wash of colour, an all-natural sheen and SPF of 15. It tastes nice and feels good on the lips (some lip balms can be a bit greasy). MAC | AED71



Good enough to eat

With a name like Summer Sorbet, it really is tempting. Givenchy's summer take on its classic Simply Irresistible fragrance is floral and fresh; and with a spray for both men and women, you'll have a his 'n' hers fragrance that'll smell sweet all summer long. Paris Gallery, Abu Dhabi Mall (02 645 2000) and branches | AED300 (men) AED232 (women)



Easy glow

This clever little pot of powder locks in moisture and stops your make-up budging – meaning less need to duck out of the summer sun. Apply Dior Capture Total/HD Radiance powder under your foundation for a fail-safe base, or lightly apply to your cheeks for a healthy, sparkling glow from the iridescent sheen. Paris Gallery, Abu Dhabi Mall (02 645 2000) and branches | AED30



Colour up

Intense moisturisation, beautiful colour and broad spectrum coverage: what more protection could a girl want from the sun? Clinique's High Impact Lip Colour SPF15 is a sophisticated lipstick that delivers it all – and it's long-lasting, feather-resistant and has stay-true colour too. Paris Gallery, Abu Dhabi Mall (02 645 2000) and branches | AED90



Sun kissed

Sun protection's never looked so glam with Shiseido's smart looking skincare range. With trusty SPF 15 to 30 in each of their products, a slick of Shiseido Sun Protection: Eyes on your lids and Sun Protection: Lips for your, well, lips will keep your skin fresh and safe – an all round winner. Paris Gallery, Abu Dhabi Mall (02 645 2000) and branches | AED114 (Lips) AED15 (Eyes)



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